

## August Week 3 and 4 Teacher Activity A: Pirate Dodgeball

## Equipment

Balance beam, 2x4s, or cardboard bricks Cones, about 6-10 Sponge balls, about 3-5 per child

Set Up	Divide space in half with balance beam, 2x4s or bricks (placed 1 stride apart). Use cones to further divide space. Scatter sponge balls evenly on either side of the balance beam and cones.
Trans-In	Put half of class on either side of line.
Intro Qs	What does a pirate say? (AARRGH!) What does a pirate shoot out of his cannon? (Cannonballs)
Explain The Game: When I say GO!	Children throw cannonballs at pirates on other side of line. If a child hits a pirate on the other side, the throwing pirate yells "AARRGH!"
Trans-Out	Children put the sponge balls down and back up as far as possible from the balance beam and cone line.

## pop hop & rock Physical Literacy Program kids move + teachers learn Pop, Hop & Rock™ Curriculum August Week 3 and 4 Teacher Activity B: Walk the Plank

## Equipment

Explain

Balance beam, 2x4 or cardboard bricks for balancing (There is a ladder in the picture, which works great - especially for older kids) Sponge balls, 3-5 per child

Set Up	Remove cones, have even number of balls on each side of balance beam.
Trans-In	Choose one child to be the first pirate to walk the plank. The other children are spread out on both sides.
Intro Qs	What does a pirate have to do when he has been bad? (Walk the plank)

The	who has to walk the plank (balance
Game:	beam). While the child is walking the
When I	plank, the other children throw sponge
say GO!	balls (cannon balls) at him from either
	side of the balance beam.

Children take turns being the pirate

Change Throw with the non-dominant hand. Up

*Trans-Out* Return all sponge balls to storage.