



August Week 1 and 2

Teacher Activity A: Fire and Ice Tag

Equipment

1 half-pool noodle for each child, preferably red and blue with a few more reds than blue

<i>Set Up</i>	Scatter pool noodles around space.
<i>Trans-In</i>	Children stand next to a pool noodle and wait for directions.
<i>Intro Qs</i>	Is fire hot or cold? What color do you think of when you think of fire? Is ice hot or cold? What color do you think of when you think of ice? What does fire do to ice?
<i>Explain The Game: When I say GO!</i>	Blue noodles are ice, red noodles are fire. All children can tag by touching the feet of other children. Blue ice taggers tag running children and freeze them. Red fire taggers tag frozen children to unfreeze them so they can run again.
<i>Trans-Out</i>	Children freeze with their noodles in the middle of the play space.
<i>Change Up</i>	For older children, add a third color that can freeze and unfreeze children.



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Teacher Activity B: Partner Noodle Kick

Equipment

1 half-pool noodle per child, any color

<i>Set Up</i>	Each child has a half-noodle.
<i>Trans-In</i>	Assign each child a partner.
<i>Intro Qs</i>	Are you good at kicking? Do you think you can kick a pool noodle?
<i>Explain The Game: When I say GO!</i>	<ul style="list-style-type: none"> Partner 1 holds his noodle with palm on top, bottom on ground. Partner 2 kicks the noodle out. Switch. Partner 1 holds the top of the noodle, with his arm straight out in front, noodle pointing toward ground. Partner 2 kicks the noodle. After each successful kick, raise the bottom of the noodle a little higher. Switch.
<i>Trans-Out</i>	Return all noodles to their holding place.