

December Week 2, A: Snowball fight

Equipment

Sponge balls, at least 5 per child

| Set Up | Scatter sponge balls around the floor. |
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| Trans-In | Children are in their Starting Position. |
| Intro Qs | Have you ever seen snow before? What can you do with snow? What is something you can make out of snow? If you had a snowball, what are some things you could do with it? |
| Explain The Game: When I say GO! | Children will use sponge balls as snowballs for a snowball fight. They throw snowballs at their friends. They can pick up 1 snowball at a time. |
| Trans-Out | Return all sponge balls to their container and return to the Starting Position. |
| Change Up | After throwing with the dominant hand, try the non-dominant hand. |



December Week 2, B: Moose food sorting

Equipment

1 scooter board for every 2-3 children. Or, use paper plates as skates. Sponge balls, 2 per child, in different colors. Buckets in same colors.

| Set Up | Line up colored buckets on the opposite side of the room. Scatter sponge balls on the floor by the Starting Position. |
|--|--|
| Trans-In | Divide children into groups of 2-3, creating teams for each scooter board. |
| Intro Qs | What do you think a moose eats? |
| Explain The Game: When I say Go! | Scooter boards are sleds, sponge balls are spilled moose food. The children ride scooter boards on their bellies, pick up one sponge ball in each hand, drop it in the corresponding colored bucket, and return to the Starting Position for the next child. |

Trans-Out
Return all scooter boards to the side of the room and go to the Starting Position.

Change
Up
For younger children, allow them to pick up more than 1 ball in each hand.
For 2 year olds, play this game as a clean up game, just getting the balls in the buckets, without the scooter boards and without worrying about color.

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December Week 2, C: Snowball patrol

Equipment

An incline for children to roll balls down, with the high end about 3 feet off the ground. Rubber playground balls, about 1 per every 3 children. Place the ramp at one and of the room

| | Set Up | with plenty of space to chase a ball. |
|--|--|---|
| | Trans-In | Children form a line by the top of the ramp. |
| | Intro Qs | Do you think a snowball will roll? Do you think you could catch it? |
| | Explain The Game: When I say Go! | A child stands behind the ramp next to the teacher and places a ball at the top. On GO! The child lets go of the ball and chases it across the room, catching it and returning it to the teacher as fast as possible before going to the end of the line. |

Trans-Out Return to the Starting Position.

To minimize waiting, add a mini-obstacle Change course to keep children occupied Up between turns. Adding a second ball to roll adds to the challenge: children roll one ball and then roll a second ball before going to chase both balls at one time.

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Equipment

Pop, Hop & Rock™ Winter Pictures, preferably laminated; Sponge balls, at least 1 per child with a few extra

| Set Up | Use painters tape to stick the Winter Pictures to the wall, about 6 feet high. Scatter sponge balls on the floor in the middle of the room. |
|----------|---|
| Trans-In | Children are in their Starting Position |

Trans-In Do you see anything different taped to Intro Qs the walls? What kind of pictures are they?

The teacher calls out a picture and the

Explain children get one sponge ball and throw it The at that picture. They continue to get one Game: sponge ball at a time and throw it at that When I picture until the teacher calls out the next say Go! picture.

Children return the balls to their

container and return to their Starting

Position. The pictures will need to be lowered to Change about 4 feet high for 2 year olds. Up

Trans-Out