pop hop & rock Physical Literacy Program kids move + teachers learn Pop, Hop & Rock™ Curriculum

Reference: Equipment Suggestions and Alternatives for September

EQUIPMENT	Description and Alternatives	Purchase
Poly Spots, at least 1 per child with 5-10 extra In an assortment of colors	Vinyl circles, about 9 inches in diameter, in a variety of colors. They are versatile and durable, sticky enough to stay put on the floor and hefty enough to use as a steering wheel. If you have the funds, these spots are worth the investment.	Play with a Purpose Amazon
	Alternatives: For spots to use on the floor, you can cut circles out sheet vinyl, cheap placemats, shelf liner or non-skid rug liner. Or, you can mark places on the floor with colored masking tape. For the second game, you will need something that can be moved as part of the game, and it will need to be in different colors.	
	Remember that Play with a Purpose offers Pop, Hop & Rock™ subscribers a 10% discount on purchases with code P10-PopRockHop.	
	This promotional is just for you! We do not receive any compensation from this.	
Poly Stars, at least 6 in an assortment of colors	Poly stars are poly spots in a star shape. Alternatives to these stars are the same as the poly spots.	Champion Sports
Music	Any kind of upbeat music will do. We love "I Like to Move It" from the Madagascar movie.	
Hula Hoops, 1 per child	The best hoops are Dura Hoops from Play with a Purpose. They are sturdy and not likely to bend when two children pull the sides. They are expensive, but worth the investment.	Play with a Purpose
	An alternative is Dollar Tree, but you will be buying new ones frequently and they are fairly seasonal. Or make a circle on the floor with painters tape.	
Painters tape		Hardware store
Cardboard or construction paper copies of the stars	Trace each of the 6 poly stars on cardboard or construction paper that is the same color as the star	