



February Week 4, A: Squigz

Equipment

At least 24 Squigz; 3 buckets; A smooth surface, like a table, for sticking the Squigz.

<i>Set Up</i>	Stick the Squigz to a table at one end of the room. Place two buckets a few feet apart at the other end of the room.
<i>Trans-In</i>	Children are in their Starting Position.
<i>Intro Qs</i>	Does anyone know what this is called? Do you think it would be hard to pull these off the table?
<i>Explain The Game: When I say GO!</i>	Children will pull one Squig at a time off the table, run across the room, and put it in either bucket. The teacher uses the third bucket to collect the Squigz and return them to table for a second teacher to re-stick. Remind children to look where they are going.
<i>Trans-Out</i>	Children return to their Starting Position.
<i>Change Up</i>	For two year olds, you will need a preschool-height table. If Squigz are not an option, use clothespins attached to poly spots on a table as an alternative.



February Week 4, B: Space Invaders Challenge

Equipment

At least a dozen cones and poly spots

<i>Set Up</i>	Scatter cones at one end of the room in a haphazard cluster with about 2 feet between each cone and 1 poly spot on top of each cone.
<i>Trans-In</i>	Children are in their Starting Position.
<i>Intro Qs</i>	Do you see all my spaceships balanced on the cones? Do you think you can move through the spaceships without knocking them off?
<i>Explain The Game: When I say Go!</i>	Children will take turns moving through the spaceships, being careful not to knock them off the cones.
<i>Trans-Out</i>	Children return to their Starting Position.
<i>Change Up</i>	Move the cones closer together to make it more challenging.



February Week 4, C: Space Invaders

Equipment

12 cones and poly spots; 15-24 low cones; Small playground balls, 1 per child with 3-5 extras

<i>Set Up</i>	Cones with poly spots on top, scattered close to a wall, about 3 feet apart. A row of low cones 4-6 feet away, with children and playground balls behind cones.
<i>Trans-In</i>	Children stand behind the row of low cones
<i>Intro Qs</i>	Do you think you can knock the spaceships off the cones?
<i>Explain The Game: When I say Go!</i>	Children roll the balls, underhand, to knock the spots off the cones. If they are successful, they put the spot back on the cone and collect a ball. If not, they can use an available ball behind the low cones, or retrieve a ball.
<i>Trans-Out</i>	Pick up all equipment and return to their containers.
<i>Change Up</i>	For older children, several could be act as guards, standing between the spaceships and low cones. For 2 year olds, place the cones without the spots on top of a table. Have them throw balls to knock them off the table.



February Week 4, D: Yoga Musical Chairs

Equipment

Pop, Hop & Rock™ Yoga pose cards; One poly spot for each card; Upbeat music, "I Like to Move it Move it" from the Madagascar movie

<i>Set Up</i>	Spots in a big circle, one child's stride apart, with a yoga card with the picture of the child doing the pose by each spot.
<i>Trans-In</i>	Children stand on a poly spot
<i>Intro Qs</i>	What are the children on the cards doing? Do you think you can do these yoga poses?
<i>Explain The Game: When I say Go!</i>	When the music is playing the children step from spot to spot. When the music stops, the children do the pose they see in front of them, or a good attempt.
<i>Trans-Out</i>	Children pick up the cards and spots and return them to their containers.
<i>Change Up</i>	If there are more children than there are cards, lay the cards out in a big circle. When the music stops, do the pose closest to them. For younger children, hold the cards in a stack and let them take turns picking cards. Then practice that yoga pose.