



January Week 2, A: Ice Skating Tag

Equipment

2 salad-sized paper plates per child

<i>Set Up</i>	Place plates in stacks of two all around the room.
<i>Trans-In</i>	Children stand on a stack of plates.
<i>Intro Qs</i>	What happens to water when it gets really cold? What can you do on top of frozen water?
<i>Explain The Game: When I say GO!</i>	This is a form of Everybody's It where everyone is tagging AND ice skating at the same time. Children separate their plates and put one plate under each foot. Children will attempt to tag each other while skating. If tagged, they must do 5 toe touches to get warm and then they can start skating and tagging again.
<i>Trans-Out</i>	Children return the plates to their container and go to the Starting Position.
<i>Change Up</i>	For younger children, skating with two skates can be challenging. Give them 1 plate so they have one foot available to push with. Or, they can just pretend to be skating while a teacher tried to tag them.



January, Week 2 B: Bulldozers and Builders

Equipment

9 plastic cups per child

<i>Set Up</i>	Half of the cups are stacked in 3-cup pyramids with two cups on the bottom one on the top. The rest are in nested 3-cup stacks, all around the room.
<i>Trans-In</i>	Children are divided into two teams on opposite sides of the room.
<i>Intro Qs</i>	Has anyone ever heard of Bob the Builder? Can you name some equipment Bob the Builder might use?
<i>Explain The Game: When I say Go!</i>	One group is the Builders. They find the stacks of three cups and turn them into a 3-cup pyramid. The other group is the bulldozers. They take the towers apart and stack the three cups together. Switch jobs.
<i>Trans-Out</i>	Children return the cups to their container, return to the Starting Position.
<i>Change Up</i>	For younger children, don't use teams. First, all of the children are Builders and they build the 3-cup pyramids and return to the Starting Position. Then they are all Bulldozers and they collapse the pyramids into nested stacks of 3 cups.



January Week 2, C: Solo Cup Catching

Equipment

One Solo cup and one sponge ball per child

<i>Set Up</i>	Spread out 1 Solo cup and 1 sponge ball per child all over the room.
<i>Trans-In</i>	Children are in the Starting Position.
<i>Intro Qs</i>	What do you see all over the floor?
<i>Explain The Game: When I say Go!</i>	Demonstrate: gently toss a sponge ball underhanded, with the palm up, straight up in the air and catch with cup. Every child will get one cup and one ball, then spread out all over the room. Use their favorite hand to toss the ball straight up into the air and then catch it in the cup. They must look at the ball all the time in order to catch it.
<i>Trans-Out</i>	Return cups and balls to their containers.
<i>Change Up</i>	For older children: Have children switch hands; play the game with a partner. For younger children: Taking turns – teacher rolls a ball and child traps it with the cup.



January Week 2, D: Stack Attack Bowling

Equipment

24 Solo cups, 1-2 balls or bean bags per child,

<i>Set Up</i>	Divide the space in half. On one side near a wall, make a row of cup pyramids (3-cup for younger, 10-cup for older). Balls or bean bags are on the opposite side of the line from the cups.
<i>Trans-In</i>	Children stand on the side of the room with the balls/bean bags.
<i>Intro Qs</i>	Have you ever been bowling? Have you ever stacked cups?
<i>Explain The Game: When I say Go!</i>	Children will bowl with the balls or bean bags to knock the cup pyramids down. Then, children will restack them and return the balls repeat the game.
<i>Trans-Out</i>	Equipment returned to containers.
<i>Change Up</i>	For younger children: Put two tables side by side, long sides touching. Put the pyramids along one long edge. Children roll the balls on the table to knock down the pyramids. They will need help chasing down the cups and restacking them.