Pop, Hop \& Rock ${ }^{\text {mi }}$ Curriculum

## May Week 1

Teacher Activity A: Hoop Tag 1
Equipment
5 hoops for every 15 children
$\left.\left.\begin{array}{|ll|}\hline \text { Set Up } & \begin{array}{l}\text { Lay out four hoops to make a giant } \\ \text { square, about 10 feet apart, with the 5 5 }\end{array} \\ \text { hoop in the middle of the square. }\end{array}\right\} \begin{array}{ll}2 \text { children are It. They stand in middle } \\ \text { hoop, other children in corner hoops. } \\ \text { Trans-In } \\ \text { Intro Qs you think you can run fast? Do you } \\ \text { think you can get from your hoop to } \\ \text { another hoop without being tagged? }\end{array}\right\}$

[^0]pop hop \& rock (3) aids move + teachers learn
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## May Week 1

Teacher Activity B: Number Jumping
Equipment
2 sets of number cards (download from website) Painters tape

| Set Up | Tape down number cards about 4 <br> inches apart, with the numbers in <br> random order. |
| :--- | :--- |
| Trans-In | Children line up to have a turn. If you <br> have a big group, use several sets of <br> numbers. |
| Intro Qs | Do you think you can jump from number <br> to number in order? |
| Explain | Taking turns, children will jump, 2 feet to <br> 2 feet, from number to number in order, |
| The | calling out the numbers as they go. |
| Game: |  |
| When I |  |
| say GO! | Child can have several turns. |
| Trans-Out | Collect the number cards. |
| Change | For older children, have them add an <br> amount to each number. If they add 3, <br> when they jump to 1, they say 4. |
|  | For younger children, line the numbers <br> up in order and have them say the <br> number as they jump on it. |

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