

May Week 2 Teacher Activity A: Hoop Tag 2

Equipment

Set Un

2 hoops for every 15 children

None

A smooth floor – wood, linoleum, low pile carpet

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Trans-In	2 children are It. They each have hoops. The rest of children are in Starting Position.
Intro Qs	Do you think it is possible to kick this hoop across the room? Can you avoid getting hit by it?
Explain The Game: When I say GO!	The It children stand in the middle of the room with their hoops flat on the floor. The other children run around the room in the same direction. The It children kick the hoops and try to tag the running children's feet. If tagged, the tagged child goes to the side, does 5 jumping jacks, and returns to the game.
Trans-Out	Return hoops to storage container and children return to the Starting Position.
Change Up	For younger children, the teacher is It.

pop hop & rock Physical Literacy Program kids move + teachers learn Pop, Hop & Rock™ Curriculum May Week 2

Teacher Activity B: Scarf Juggling

Equipment

1 scarf per child

Set Up`	Throw scarves all over the floor.
Trans-In	Children are in the Starting Position.
Intro Qs	Can you catch a scarf before it hits the ground?
Explain The Game: When I say GO!	 Each child gets 1 scarf and tries throwing and catching it. Try: throw/catch with their favorite hand throw/catch with other hand throw with one hand, catch with other throw and clap as many times as they can before they catch it. throw it up, spin around, catch it move it around waist in each direction pass it between legs in figure 8 and switch direction
Trans-Out	Collect the scarves.
Change Up	For younger children: They hold one corner and move the scarf around in many directions. For older children: juggle 2 scarves.