



May Week 4

Teacher Activity A: Monster Ball

Equipment

- 1 very large ball, like an exercise ball
- About 3 smaller balls per child
- 24 poly spots or low cones to mark the space

<i>Set Up</i>	2 parallel lines of spots, 15' apart; Large ball in the middle with half of the small balls on each side behind the spots
<i>Trans-In</i>	Children are in 2 teams behind the spots
<i>Intro Qs</i>	Do you think you can move this big ball without your hands?
<i>Explain The Game: When I say GO!</i>	Throw the small balls at the big ball to try to move it across the spots on the opposite side from your team. Do not step over the line of spots to throw, only to retrieve balls.
<i>Trans-Out</i>	Return balls and spots to storage. Children go to the Starting Position.
<i>Change Up</i>	For younger children, have all children on the same team.



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Teacher Activity B: Hot Potato Pass

Equipment

- 1 beanbag
- Music

<i>Set Up</i>	None
<i>Trans-In</i>	Children sit in a circle in the middle of the room.
<i>Intro Qs</i>	If a potato is hot, do you want to be holding it for a long time?
<i>Explain The Game: When I say GO!</i>	Children pass the beanbag around the circle in the same direction while the music is playing. They must use two hands to pass the beanbag. When the music stops, the person holding the beanbag leaves the circle to do 5 jumping jacks while the rest of the children resume passing the beanbag. The jumping child tries to finish jumping jacks and return to spot before beanbag gets there.
<i>Trans-Out</i>	Children return to the Starting Position.
<i>Change Up</i>	Instead of jumping jacks, run around the circle and try to get back before the beanbag.