



## October Week 3, A: Bandage Tag

## Equipment

None

<i>Set Up</i>	No set up needed
<i>Trans-In</i>	Children gather in the Starting Position.
<i>Intro Qs</i>	What do we put on bloody boo-boos? (bandages) When we tag, do we hit? Push? Slap? Shove? Do we touch gently?
<i>Explain The Game: When I say GO!</i>	Everybody gets to be It. Both hands are bandages. Bandages are used to cover up places on the body that have been tagged. If tagged, a “bandage” (hand) is placed over the spot that was tagged. A child can keep playing until he has been tagged twice. Then, the child comes to the middle of the room, does 5 jumping jacks, and rejoins the tag game. Children should run in the same direction while playing.
<i>Trans-Out</i>	Children return to the Starting Position.



## October Week 3, B: Balloon Gumball

## Equipment

Balloons with numbers 1-10 written on them in Sharpie (See note in Equipment List for alternatives to balloons.)

<i>Set Up</i>	Balloons on floor in front of the children.
<i>Trans-In</i>	Children are in the Starting Position. Walk to a balloon and pick it up.
<i>Intro Qs</i>	What number is this? (showing them the balloon's number)
<i>Explain The Game: When I say Go!</i>	Children pick up a balloon, determine what number is on the balloon and then hit the balloon in the air that number of times. When they finish, they find a different balloon and repeat the process. Demonstrate hitting the balloon up in the air with the palm of your hand.
<i>Trans-Out</i>	Have children leave the balloons on the floor and return to the Starting Position.
<i>Change Up</i>	Use different body parts to hit the balloon: elbows, heads, knees, nose. For younger children, call out a number and have them try to hit the balloon in the air that many times, counting out loud as they go.



## October Week 3, C: Balloon Partner Drop

## Equipment

Balloons (See note in Equipment List for alternatives to balloons.)

<i>Set Up</i>	Balloons are all over the floor.
<i>Trans-In</i>	Children are in the Starting Position. Send half to stand next to a balloon. Have remaining children gather extra balloons and find a partner by a balloon.
<i>Intro Qs</i>	What are partners? Do you leave your partner?
<i>Explain The</i>	Children will stand facing each other and pass the balloon back and forth.
<i>Game: When I say Go!</i>	A partner kneels and the other partner stand behind kneeling child, facing the same direction. Standing child reaches high with the balloon and drops it in front of the kneeling child to catch. Take turns.
<i>Trans-Out</i>	Children go to the Starting Position.
<i>Change Up</i>	Standing child stands on an unstable surface.  For younger children, teacher drops the balloon to a standing child, facing the child. Or, have the children roll the balloon back and forth.



## October Week 3, D: Balloon Wallyball

## Equipment

Balloons, at least one balloon per child (See note in Equipment List for alternatives to balloons.)

Open wall space at which to hit a balloon; Poly Spots, 1 for each child

<i>Set Up</i>	Scatter balloons on the floor. Place the poly spots in a row about 2 feet from the wall, with the spots about 3 feet apart.
<i>Trans-In</i>	Children are in their Starting Position. Send them to stand next to a balloon.
<i>Intro Qs</i>	Have you ever seen the game volleyball?
<i>Explain The</i>	This is Wallyball - volleyball with the wall. Pick up one balloon, stand on a spot facing the wall. Hit the balloon at the wall and catch it when it comes back.
<i>Game: When I say Go!</i>	Repeat.
<i>Trans-Out</i>	Take one balloon and return to the Starting Position.
<i>Change Up</i>	Have the children experiment with hitting the balloon hard or soft. What adjustments could they make to still catch the balloon, based on how hard or soft they hit it?



## October Week 3, E: Balloon Hopping

## Equipment

Balloons, one per child (See note in Equipment List for alternatives to balloons.)

<i>Set Up</i>	Pick up any extra balloons.
<i>Trans-In</i>	Children place a balloon between their knees.
<i>Intro Qs</i>	How does a kangaroo move? How does a rabbit move? How does a frog move?
<i>Explain The Game: When I say Go!</i>	Children hop, from two feet to two feet, to the other end of the room without dropping their balloon. If the balloon drops, they pick it up and put it back between their knees and resume hopping.
<i>Trans-Out</i>	Children return all the balloons to the balloon storage.
<i>Change Up</i>	Try hopping in different directions: sideways, backwards, zig zag. How else can they move with the balloon between their legs?