



## October Week 4, A: Autumn Tag

## Equipment

2 pool noodles: 1 is long and the other is cut into two pieces

<i>Set Up</i>	No set up required
<i>Trans-In</i>	Choose one person to be the Bike Rider (long noodle is the bike, short noodle for tagging Leaves). Choose a second person to be the Autumn Fairy/Wizard (short noodle for un-tagging Leaves). The rest of the children are Leaves.
<i>Intro Qs</i>	How many of you have ridden a bicycle or tricycle? What time of year is it now? Do you think fall might be a good time for a bike ride?
<i>Explain The Game: When I say GO!</i>	The Leaves all run in the same direction. The Bike Rider chases the Leaves and tags <i>gently</i> with the half-noodle. When tagged, the Leaves stand on one foot and wave their arms overhead until the Autumn Fairy/Wizard un-tags them and they can re-join the game.
<i>Trans-Out</i>	Children return to the Starting Position.



## October Week 4, B: Leaves on Webs

## Equipment

Hula Hoop wrapped in masking tape, sticky side out until it looks like a web, Cotton balls, Cones

<i>Set Up</i>	Hang the hula hoop on the wall using painters tape. Place cones on the floor about 2 feet from the wall. Put all the cotton balls on the floor behind the cones.
<i>Trans-In</i>	Children stand next to the cotton balls.
<i>Intro Qs</i>	What do you see on the wall? Could it be a spider's web? What would happen if a leaf touched the spider's web?
<i>Explain The Game: When I say Go!</i>	The cotton balls are leaves and the children throw the leaves at the web, trying to get the leaves to stick. They are to stay behind the cones. They can retrieve cotton balls from the floor that didn't stick. They must move behind the cones before throwing the cotton balls.
<i>Trans-Out</i>	Children pick up any cotton balls left on the floor and return them to the storage container. Children return to their Starting Position.



## October Week 4, C: Sneaky Snake Challenge

## Equipment

Party streamers, 4-6 tall cones or adult-sized chairs

<i>Set Up</i>	Make two lines of 2-3 cones or chairs each, 1-2 feet apart. Weave the streamers around the cones or chairs, forming a web of streamers parallel to the floor, about 1 foot off the floor, making a tunnel underneath.
<i>Trans-In</i>	Show the children the tunnel made by the streamers.
<i>Intro Qs</i>	How do snakes move? Do you think that would be the best way to get through this tunnel?
<i>Explain The Game: When I say Go!</i>	Ask the children to move from one end of the web to the other on their bellies like snakes.
<i>Trans-Out</i>	Children return to the Starting Position.
<i>Change Up</i>	For older children, the web can be multilayered so that they have to decide whether to go under or over the streamers without breaking them.



## October Week 4, D: Manic Movement

## Equipment

None

<i>Set Up</i>	No set up needed.
<i>Trans-In</i>	Children are in the Starting Position.
<i>Intro Qs</i>	What are some signs of Fall? How could those things move?
<i>Explain The Game: When I say Go!</i>	Children are going to move to the other end of the room in various ways like: Leaves falling from a tree Pumpkins rolling down the street Birds flying south for the winter Marshmallows floating on top of hot chocolate
<i>Trans-Out</i>	Children return to the Starting Position.