



June Week 3

Teacher Activity A: High Cones vs. Low Cones

Equipment

3 high cones and 3 low cones per child

<i>Set Up</i>	Scatter high cones. Place ½ low cones on top of high cones, rest on the floor.
<i>Trans-In</i>	2 teams on opposite sides of the space
<i>Intro Qs</i>	Do you see the high and low cones?
<i>Explain The Game: When I say GO!</i>	One group of children will be the High Cones Team. Their job is to make sure all the low cones are on top of the high cones. The other group of children will be the Low Cones Team. Their job is to make sure all the low cones are on the floor. After a minute or two have all the children run back to where they started the game. Then, say GO! again. After several rounds, switch the jobs of the teams.
<i>Trans-Out</i>	Return cones to storage and return to Starting Position.
<i>Change Up</i>	Older children, add bear crawling. Younger children: all on 1 team



June Week 3

Teacher Activity B: Bounce Pass with Wall Catch

Equipment

1 small playground ball per child, a big empty wall, 1 poly spot per child

<i>Set Up</i>	A line of poly spots 3' from wall, a ball on each spot
<i>Trans-In</i>	Children stand on spot and hold ball.
<i>Intro Qs</i>	Can you bounce the ball against the wall and catch it?
<i>Explain The Game: When I say GO!</i>	Children will bounce the ball on the floor in front of the wall and try to catch the ball. If they miss, they return to their spot and try again. As they begin to master this skill, have them move their spots back a little bit and try throwing at the wall and catching the ball as it bounces on the return. Then have them try catching with no bounces.
<i>Trans-Out</i>	Return equipment to storage and go to the Starting Position.
<i>Change Up</i>	Older children: Try game as a team relay (see full Lesson Plan for details). Younger children: Roll ball against wall.