



Teacher Activity A: Kangaroo Tag

Equipment

1 half-noodle per child

<i>Set Up</i>	Scatter half noodles around space.
<i>Trans-In</i>	Children are in their Starting Position.
<i>Intro Qs</i>	How do kangaroos move? What is a baby kangaroo called?
<i>Explain The Game:</i>	Children place a half-noodle between their knees so they must hop to move. Everyone is It and can tag anyone else.
<i>When I say GO!</i>	If tagged, a child must take the noodle out from between his legs, lie down on the floor and yell: JOEY! After they have yelled “Joey,” they jump back up and continue to play. Note: To help children achieve a tag, define the space in which they can move, making it small enough that they are fairly close to each other and tagging becomes more inevitable.
<i>Trans-Out</i>	Return noodles to storage and return to Starting Position.



Teacher Activity B: Yoga Card Draw

Equipment

Pop, Hop & Rock™ Yoga Cards

<i>Set Up</i>	None
<i>Trans-In</i>	Children spread out in the play space.
<i>Intro Qs</i>	Do you remember how to do yoga?
<i>Explain The Game:</i>	Each child will have a turn drawing a card. Once drawn, the child will name what they see, show it to all of their friends, and then everyone will do the yoga pose together.
<i>When I say GO!</i>	
<i>Trans-Out</i>	Children return to the Starting Position.
<i>Change Up</i>	Older children: Challenge them to remember how to do the pose without prompting.