



June Week 2

Teacher Activity A: Body Part Freeze Tag

Equipment

None

<i>Set Up</i>	None needed.
<i>Trans-In</i>	Children are in their Starting Position.
<i>Intro Qs</i>	What would you do if your body parts were frozen?
<i>Explain The Game: When I say GO!</i>	Everyone is It. If tagged, the part of the body part that is touched by the tagger is frozen and cannot be used anymore. So, if you get tagged on the arm, you can't use that arm anymore. If you get tagged on the leg, you have to hop on the other leg. You can keep playing and getting tagged until you cannot move anymore. When you cannot move anymore, then you do 5 jumping jacks, all body parts are unfrozen and you can start again.
<i>Trans-Out</i>	Children return to the Starting Position.
<i>Change Up</i>	For younger children, teachers can be the taggers. Children name the body part, rather than freezing it.



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Teacher Activity B: Balance Beam Wall Guard

Equipment

A balance beam or thick cushion

Sponge balls, some kind of very soft ball or sock balls, 3-5 per child

An empty wall and poly spots to delineate space

<i>Set Up</i>	Balance beam parallel to the wall, 1-3' away; line of poly spots parallel to the beam, 2-3' away. Scatter sponge balls behind poly spots.
<i>Trans-In</i>	1-2 children on beam, with rest of children behind poly spots.
<i>Intro Qs</i>	Can you hit a ball away while standing on the balance beam?
<i>Explain The Game: When I say GO!</i>	Children behind the spots throw sponge balls at the beam children who try to knock balls away. After a few minutes, switch children on the beam.
<i>Trans-Out</i>	Return equipment to storage and go to the Starting Position.
<i>Change Up</i>	Older children: Use small playground balls and do bounce passes. Younger children: Use spots instead of balance beam.